

Peanut Butter and Jelly Racism: Discussion Questions Answer Key

•What is implicit bias?

Thought processes that happen without us knowing it. Stereotypes that affect our understanding and actions in an unconscious manner.

•How is implicit bias different from racism?

Racism is when people face discrimination or hatred based on their race. Racism often leads to hatred and is an emotionally loaded word. Implicit bias comes from how our unconscious mind makes connections/associations between two things that we've experienced together.

•How does implicit bias lead to discrimination like racism?

Negative associations with a race, for example connecting violence with black men.

•What do implicit bias or racism have to do with peanut butter and jelly?

If we hear "peanut butter", we automatically think "jelly" because these words have been repeatedly experienced together.

•What's an example of implicit bias that you have experienced, witnessed or heard about?

Responses may include: Asian people are thought to be good at math. Attractive people seem to be more friendly.